THE  $\mathit{Episcopal}$  church ``

# A WAY OF LOVE RHYTHM FOR SMALL GROUPS

# Way of Love practices flourish in community.

Use this guide to create an intentional Way of Love-infused structure for your small group gatherings.

### TURN

Reorient yourselves away from your to-do lists and toward God and each other. Invite people to unplug, and offer a basket for stowing cell phones during your gathering. Open your time together with a moment of silence or spoken gratefulness.

WORSHIP

**Incorporate Compline**,

**Evening Prayer, or other** 

liturgies into your meeting.

#### LEARN

Consider using African Bible Study, lectio divina, or an app like Pray as You Go to read and consider scripture.

#### PRAY

Offer a practice of prayer – intercessory, healing, or contemplative – in each meeting.

#### **BLESS**

Make time to share stories of seeing or experiencing God at work-in your life, in the lives of those around you, or in the world.

## GO

Throughout the year, make plans to serve and listen to others as a group.

#### REST

Build in moments or occasions to play and relax as a group.

Find more Way of Love resources for groups, individuals, and congregations at episcopalchurch.org/wayoflove.